

An Eco-Friendly Christmas



Photo from www.greenjoyment.com

Christmas is undoubtedly one of the most awaited holidays every year all over the world, including here in Palawan. Parties, food and gifts are abundant. On the other hand, leftovers and material from holiday celebrations can pose as potential dangers for the environment. Here are some tips and options to keep your Christmas eco-friendly:

- Buy decorations and gift wrap made from recycled or environmentally-friendly materials.
- Use non-disposable utensils and dishes at parties to reduce waste.
- Turn lights, appliances and electronic decorations off when not in use. Not only will this save energy, but can prevent the risk of fire hazards.
- Use fewer lights. A few Christmas lights are enough to showcase the holiday spirit.
- Use LED lights. LED lights are more power-efficient than regular light bulbs, and they can do their job pretty well too.
- If possible, recycle gift wrapping.
- Instead of throwing away old toys and clothes, donate them. You'll be able to help those in need and reduce waste as well.
- When shopping for gifts, try to look for ones made from eco-friendly materials. When looking for gadgets, energy-efficient ones are a better choice.

- Food peelings and refuse can be turned into compost.
- Avoid buying food, decorations and other materials made from animal by-products.

These are some of the many things we can do for a more environmentally-friendly Christmas season. We can be sure to spread the spirit of Christmas not only to loved ones and friends, but to Palawan and the planet as well. Happy holidays!

With references from: www.guardian.co.uk, www.articlesbase.com